

Washington DC Shotokan Karate Club



Contact Info:

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Linda Naiditch, President, (202) 544-7568

The Joan Hisaoka Memorial Scholarship

Scholarship Mission

The Joan Hisaoka Memorial Scholarship will provide opportunities for members of Boys & Girls Clubs in the DC area to study karate and forge relationships with the members of the Washington DC Shotokan Karate Club.

Joan was a member of Washington Shotokan, a woman of many accomplishments, and a person who exemplified many qualities karate can develop in all of us. She pursued diverse interests in career and life and was active in the community as a volunteer and organizer. She demonstrated great spirit and discipline, continuing her karate training even while she was terminally ill.

We have launched this scholarship program as a lasting and fitting tribute to her by helping to develop similar characteristics in selected young people from Boys and Girls Clubs.

Application and Award Schedule

The first annual scholarship will be publicized in the Fall of 2008. Applications must be postmarked by January 20. The first Hisaoka Scholar will be selected and notified by late January, and training will begin in February 2009.

Club Information

With more than 25 years of history, Washington Shotokan is the oldest karate dojo in the metropolitan DC area. It is a nonprofit organization whose instructors volunteer their time, keeping the focus on the quality of training and development of spirit, rather than on financial incentives. Students in the club have the benefit of numerous instructors with multiple skill sets, as well as a basic teaching philosophy that focuses on the development of self-control and self-defense.

Scholarship Description

- The scholarship will be awarded to one person each year, at the discretion of the scholarship committee, and it will continue for a minimum of one year.
- The amount of the scholarship will cover a uniform, testing fees, and membership dues to the International Shotokan Karate Federation. In addition, membership dues will be waived for the scholarship awardee.
- The Hisaoka Scholar will be matched with one or two club mentors, or *sempai*, who will support, assist, and facilitate the scholar's participation in the club.
- If the Hisaoka Scholar wishes to continue training karate at the end of the initial year, the scholarship will be renewed as long as the student continues to have financial need and demonstrates the values described in our club principles or *dojo kun*.

Seek perfection of character

Be faithful

Endeavor

Respect others

Refrain from violent behavior

- In the event that the scholar selected for a particular year decides not to continue training, the committee can decide to fill his or her slot with an alternate nominated through the regular process.

Scholarship Experience

In the first year of training, the student should expect to engage in physical and mental training that will focus on the development of basic karate skills. The student will learn core concepts about maintaining a strong stance, generating power, and developing accurate form. As part of this learning process, the student will study and practice basic techniques (*kihon*), karate forms (*kata*), and sparring techniques (*kumite*). All club members are expected to maintain the discipline and control that allows such practice to occur safely.

At the end of the first year, the student will be required to submit a short essay about his or her training experience, covering the following brief topics:

- What I Learned in Karate this Year
- What Else I Want to Learn in Karate
- What Karate Means to Me

This essay will be presented to the members of Joan Hisaoka's family and to the club instructors in recognition of their contributions and efforts.

Scholarship Application Process

The scholarship application process includes two basic steps:

1. Nomination(s) by staff of any Boys and Girls Club or any self-nomination by a member of any Boys and Girls Club.
2. Approval by the Scholarship Committee—Sensei, a member of Joan Hisaoka's family, and the Club President.

Eligibility

The ideal applicant for the Joan Hisaoka Memorial Scholarship, will:

- Be a youth age 7 to 17
- Be a Boys and Girls Club member
- Show interest in the discipline of karate
- Be an individual who would be likely to develop through involvement in the karate club
- Have the permission and support of his or her parents or guardians
- Have the ability to attend training regularly, at least once a week during the karate club's regularly scheduled trainings
- Have the financial need for a scholarship

Next Steps

To nominate a student for the scholarship, please complete the Joan Hisaoka Memorial Scholarship Application Form.

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The Joan Hisaoka Memorial Scholarship Application Form

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Deadline for Application: Postmarked by January 20, 2009. Mail to:
Washington Shotokan, 912 Independence Ave. SE, Washington, DC 20003

1. NAME OF BOY OR GIRL

Last Name:	First Name:
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2. MAILING ADDRESS

Street:		
City:	State:	ZIP:

3. TELEPHONE

Home Telephone Number:	Cell:
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4. EMAIL ADDRESS

5. DATE OF BIRTH

	Day:	Month:	Year:
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6. SCHOOL / BOYS AND GIRLS CLUB MEMBERSHIP

Name of school attended:	City:	Grade:
Boys and Girls Club that applicant is a member of:		

7. INTERESTS

List the student's hobbies, outside interests, and extracurricular activities.

8. STATEMENT OF STUDENT'S QUALITIES

List the qualities that make this student a good candidate for the scholarship. *(Additional page is OK)*

9. SIGNATURES

Print

Sign

Date

Boys & Girls Club

Nominator (if applicable)

Parent or Guardian

Nominee

_____	_____	_____
_____	_____	_____
_____	_____	_____

